

ST RICHARD'S CATHOLIC COLLEGE – SPORTS DAY - TIMETABLE OF EVENTS

TRACK EVENTS				FIELD EVENTS		
09.40 am	100m			09.40 am		
				Long Jump	Year 7	Boys & Girls
All Age Groups				Shot Putt	Year 9/10	Girls
Boys and Girls				Vortex	Year 10	Boys
10.15 am						
10.15 am	800m	Year 7	Girls	10.15 am	ALL	EVENTS
10.25 am	800m	Year 8	Girls	Shot Putt	Year 7	Boys
10.35 am	800m	Year 9	Girls	Long Jump	Year 10	Boys and Girls
10.40 am	800m	Year 10	Girls	Vortex	Year 8	Girls
10.45 am						
10.45 am	1500m	Year 7	Boys	10.45 am	ALL	EVENTS
10.50 am	1500m	Year 8	Boys	Vortex	Year 7	Boys
10.55 am	1500m	Year 9	Boys	Shot Putt	Year 8	Girls
11.05 am	1500m	Year 10	Boys	Long Jump	Year 8	Boys & Girls
11.15 am						
11.15 am	300m	ALL AGE	GROUPS	11.15 am	ALL	EVENTS
	300m	BOYS AND	GIRLS	Shot Putt	Year 10	Boys
	300m			Long Jump	Year 9	Boys & Girls
	300m			Vortex	Year 9	Boys
11.45am	400m	Year 10	Boys	Triple Jump	Year 9	Boys and Girls
12.00 midday						
		LUNCH		LUNCH		LUNCH
LUNCH						
1.00 pm						
1.00 pm	200m	All Age Groups		1.00 pm		
		Boys & Girls		Shot Putt	Year 9	Boys
				Triple Jump	Year 7	Boys & Girls
				Vortex	Year 9/10	Girls
1.30 pm						
1.30 pm	800m	Year 7	Boys	1.30 pm		
1.40 pm	800m	Year 8	Boys	Triple Jump	Year 10	Boys & Girls
1.50 pm	800m	Year 9	Boys	Vortex	Year 8	Boys
1.55pm	800m	Year 10	Boys	Shot Putt	Year 7	Girls
2.00 pm						
2.00 pm	1500m	All Age Groups	Girls	2.00pm		
				Triple Jump	Year 8	Boys and Girls
				Shot Putt	Year 8	Boys
				Vortex	Year 7	Girls
2.35 pm						
2.35 pm		RELAYS	ALL	YEARS		